

### **Women's Day Schedule of Events:**

*(OLT members will be engaging in regular activities and you are welcome to join them at any point during your visit.)*

**11:30am** - Registration opens for those who are visiting for Women's Day.

**12:00pm** - Ladies' golf cart tour of the grounds and amenities with a female OLT member.

**12:30pm - Ladies' Luncheon**, hosted by Jeannie Langley and the OLT women. *(Directions to Jeannie's cabin will be provided upon check in.)*

**2:00pm - Ladies' golf cart tour of the grounds and amenities** with a female OLT member.

**3:00pm - Sitting With the Soul Meditation** (Clubhouse).

This is a co-ed, donation-based offering by Lanette C. Clark, Usui/Holy Fire Reiki Master and Professional Meditation Guide.

**Everyone is welcome to attend** regardless of ability to donate.

Yoga mats and a selection of cushions are provided. Please bring two towels, one to cover the mat and one to support your head.

**4:00pm - Gentle Trail Hike** with Board of Directors Chairperson, Diana McCalment. As a resident since 1996, Diana has extensive knowledge of the flora, fauna and all things OLT. A gentle stroll through the forest is one of the best ways to fully enjoy a portion of the more than 400 acres of land and commune with nature. ***The hike will last approximately 45 minutes.***

**5:30pm - Ladies' Pizza Party in the Clubhouse.**

**7:00pm - Co-ed Saint Patrick's Day Dance** (Clubhouse)

DJ Magic Mike will be spinning tunes for your dancing enjoyment.