

**WOMEN'S DAY Schedule of Events** (OLT members will be engaging in regular activities and you are welcome to join them at any point during your visit.)

11:30am - Registration opens for those who are visiting for Women's Day.

12:00pm - Ladies' golf cart tour of the grounds and amenities with a female OLT member.

12:30pm - Ladies' Luncheon, hosted by Jeannie Langley and the OLT women will be held at our new pavilion in the meadow.

2:00pm - Ladies' golf cart tour of the grounds and amenities with a female OLT member.

3:00pm - Sitting With the Soul Meditation (Clubhouse). This is a co-ed, donation-based offering by Lanette C. Clark, Usui/Holy Fire III Reiki Master and Professional Meditation Guide. Everyone is welcome to attend regardless of ability to donate. Yoga mats and a selection of cushions are provided. Please bring two towels, one to cover the mat and one to support your head. Suggested donation of \$10/person.

4:00pm - Gentle Trail Hike with Board of Directors Chairperson, Diana McCalment. As a resident since

1996, Diana has extensive knowledge of the flora, fauna and all things OLT. A gentle stroll through the forest is one of the best ways to fully enjoy a portion of the more than 400 acres of land and commune with nature. The hike will last approximately 45 minutes.

5:30pm - Ladies' Deli Dinner in our new pavilion in the meadow.

9:00pm - Co-ed Dance in the new pavilion in the meadow. DJ Magic Mike will be spinning tunes for your dancing enjoyment.